

The dream state and the waking dream state. In dreams we imagine –at least later that what we see is unreal, although really it is just our fractured heart taking on one form after another. We feel fully. We exert ourselves fully. We are always implicitly asking “What is this?”. How can we dismiss it so easily?

In the waking dream state, we cannot say that what we see is unreal, but why? We concede easily that what we see is what our culture and our language can see, and concede –less easily- that our emotions are flung randomly onto this thing or that, like paint falling from high windows. And the same question: “What is this? What is this?”. And thus a false world created. How different? How different?

In our dreams what we feel cannot be doubted. In our waking dream state what arises cannot be doubted. And the whole waking world conceals itself in the heart. Should the heart open, a world will spring out. The only true one.

28.

Written by News Administrator

Thursday, 27 June 2013 14:26 - Last Updated Tuesday, 17 September 2019 18:48

Demons are the creators of false worlds. Equanimity is walking on the heads of these demons, partly in tenderness, partly in scorn.